



Module Three

Staying Safe Online

Today's Agenda

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- Warm-up — **5 mins**
- **The SORRY Method** | Scam Detector — **20 mins**
- Break — **5 mins**
- **Let's Practice:** *Scam-O-Rama Game* — **20 mins**
- *What to Do If You Encounter a Scam* — **10 mins**
- All About Passwords — **15 mins**
- **Take-Home Activity** | Password Toolkit — **5 mins**
- Wrap-up and Reflection — **10 mins**



Group Guidelines

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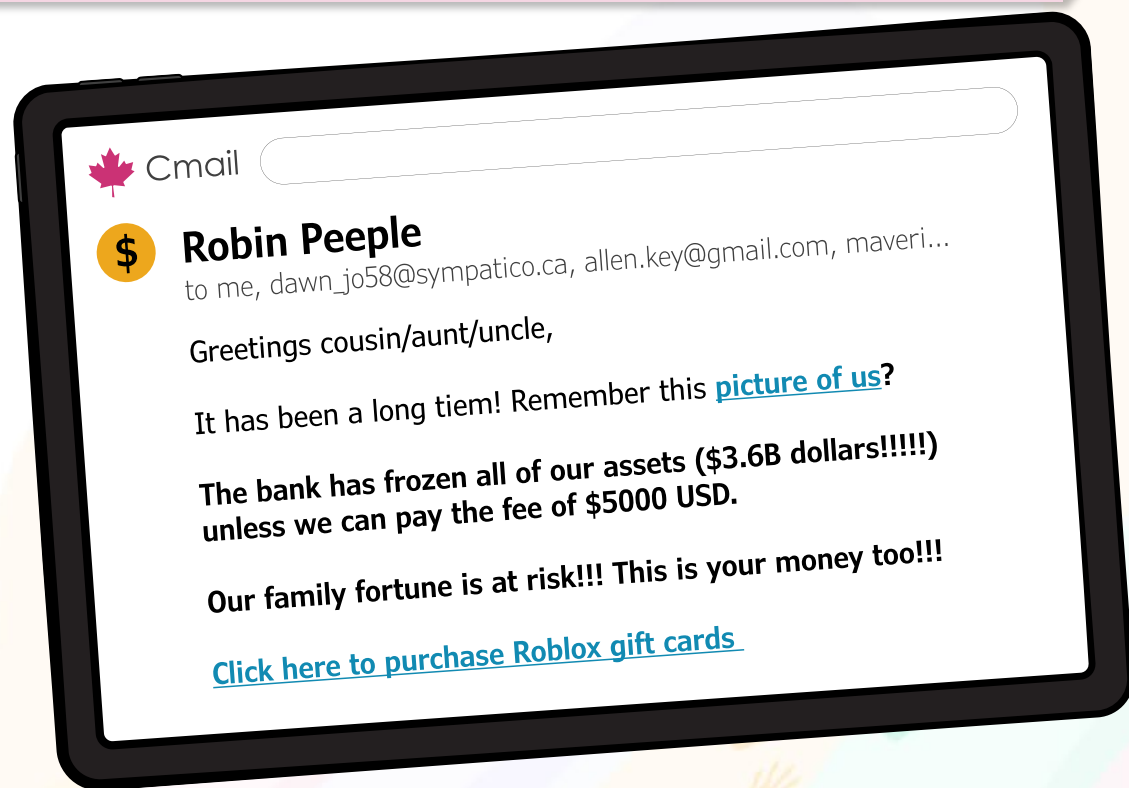
- Be **respectful** of **each other** and **everyone's privacy**
- Be **kind** and **supportive**, including **taking turns talking** and **listening**
- Be **mindful** of **time** and **shared space**
- Unless asked, try **not** to **offer advice**
- **Participate** in the way that **works best for you**
- **Respect devices** and **materials**

Have fun — we're all learning together!

Today's Goals

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Today, we are going to
discuss online safety together!



We will be covering:

- ✓ How to **recognize scams**
- ✓ **What to do** if you **come across a scam**
- ✓ How to create a **strong password**

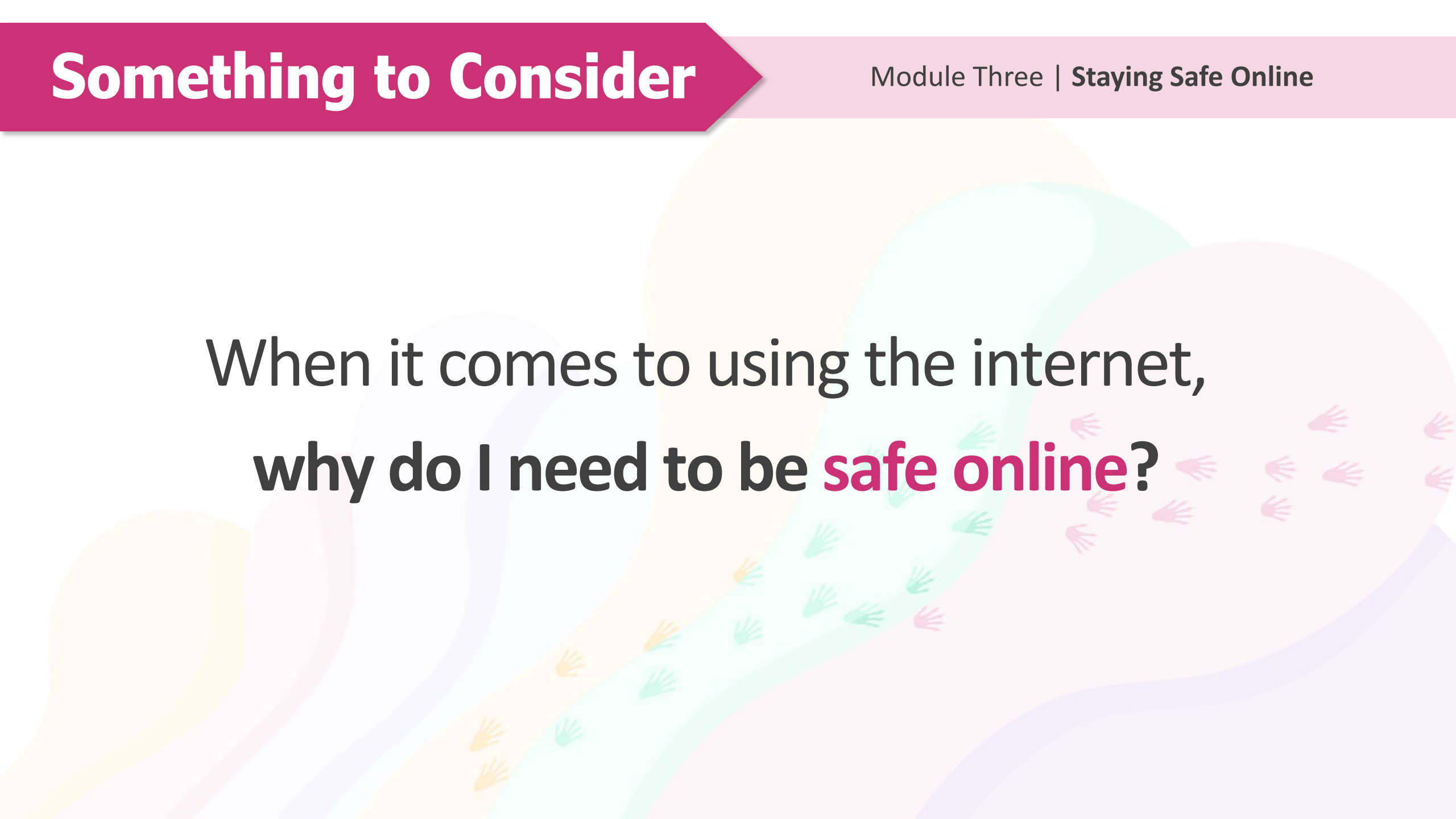
Things to Remember

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- ❑ **Don't expect perfection** – we're *all learning* together
- ❑ **Take breaks**, step away *whenever* you need to
- ❑ Questions are *always welcome*
- ❑ Learning *takes time* (and that's okay!)

When it comes to using the internet,
why do I need to be safe online?

The background features several overlapping, wavy bands in shades of yellow, orange, green, and purple. Scattered across these bands are numerous small, stylized hand icons in various colors (yellow, green, pink, and purple), some pointing in different directions.

Almost Everyone is Using the Internet

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The internet is full of a ton of helpful information and activities.

Nearly, everyone uses the internet to support their everyday life.



If you had to guess, **how many people** do *you think* are **using the internet?**

Why Do I Need to Stay Safe Online?

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6,000,000,000



Almost Everyone is Using the Internet

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With the **huge amount of people using the internet**, this also **increases the number of scams and scammers on the internet!**

This brings us back to the **importance of online safety!**



What are Scams?

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Online scams are a form
of **internet fraud**.

Scammers use the internet to *trick people* into
sharing personal information or sending money.

Who Do Scammers Target?

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Scammers
Target
Everyone!



But especially:

- **Helpful** people
- **Polite** people
- **Stressed-out** people
- People who want to **believe good news**

The **SORRY** Method

Sorry, scammers.
Not today.

When you come across
something on the internet
that **feels off**, ask yourself
the **SORRY** questions:

S

*Is this a
SURPRISE to you?*

O

*Does the request
seem **OKAY**?*

R

*Are they trying
to **RUSH** you?*

R

*Does this
seem **REAL**?*

Y

*Does this feel
right to **YOU**?*



*Is this a **SURPRISE** to you?*

Was I **expecting** to hear from **this person**?

Red Flags to look out for:

- Prize from a contest ***you didn't enter***
- Package delivery ***you didn't order***
- Account problem ***you didn't know about***
- Friend asking for money ***out of the blue***

Tip:

Most scams rely on
surprising you.





*Does the request seem **OKAY?***

Does this message **feel okay?**

Red Flags to look out for:

- Asking for **passwords** or **personal info**
- Wanting **bank info, gift cards** or **wire transfers**
- Requesting **remote access to your device**
- Asking you to **keep something secret**

Tip: Real companies
don't ask for this info
out of the blue.



R

Are they trying to **RUSH** you?

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Do they want me to act **right now**?

Scam language to look out for:

- Act **Now! Limited Time!**
- Your account **will be closed!**
- Claim **within 24 hours!**
- **Urgent action** required!

Tip: Scammers rush you, so you don't have **time to think.**



R

Does this seem **REAL**?

Think like a detective! **Look for clues.**

Classic clues to watch for:

- Email address **looks off** (amaz0n-h3lp.ca)
- **Generic greeting** (Dear User / Customer)
- **Too good to be true** offers
- **Links don't match** what they say

Tip: Sometimes, scams can be
very well written.
If you're unsure, use all the
SORRY questions.





*Does this feel right to **YOU**?*

What are **your instincts** telling you?

If something feels...

- *Too good to be true*
- *Confusing or unclear*
- *Pushy or aggressive*
- *Not relevant to me*
- *Just...off.*

**Tip: Don't click anything.
Don't reply.** Investigate or ask
someone you trust!





Sorry, scammers.
Not today.



Break



Take **10 minutes** to stretch, get water, take care of yourself etc.

Let's Practice: **Scam-O-Rama**

Pull out **your tablet**, and head on over to the **DOORS Skills Lab**

Today, we'll be playing **Scam-O-Rama**. In this game, you will see real email messages. Some are **scams**, some are **not scams**.

For each message:

1. **Read it** carefully

2. Use the **SORRY method**



Decide —

Scam or Not?

Let's Practice: **Scam-O-Rama**

We will run through a few messages together. After each one, we will discuss the message as a group.

Questions to Consider:

- ☐ What did *you* **notice**?
- ☐ Which **SORRY** question *caught* it?
- ☐ **Scam** or **Legitimate**?
- ☐ What would *you* do?

What To Do If You Come Across a Scam

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Don't click anything!

- Don't reply to the message. —
- Don't call any phone numbers listed. —
- Don't download any attachments. —

Delete it or move it to spam.

What If You're Not Sure It's a Scam?

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If you're still unsure if it's a scam, you can:

- **Look up the company yourself**
(remember the internet searching skills we learned last week)
- Put it in your **Buddy Folder**
- **Bring it to DOORS** office hours



Think You've Been Scammed?

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Don't panic!



Getting help quickly is what matters —

Not blame, shame,
or embarrassment.

► **If you gave financial info:**

- **Call your bank immediately** – call the phone number on your bank card
- **Change your passwords**

► **Report it:**

- Canadian Anti-Fraud Centre: **1-888-495-8501**

► **Tell someone you trust**

All About Passwords: Why They Matter

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Your **password** is **the key** to your digital front door.



A strong password:

- Is at least **10–12 characters long**
- **Uses a combo** of letters, numbers, and symbols (@, !, %)
- **Is not** your name, birthday, pet name, or common strings (ABCD123)
- **Is different** for important accounts (banking, email)

Take-Home Activity: Password Toolkit

The **Password Toolkit** includes:

- ☐ 3 methods to **create strong passwords**
- ☐ Where to **safely write them down**
- ☐ **How to reset** if you forget
- ☐ **Practice worksheet**



Today's Achievements

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Scammers count on people not knowing this stuff.

You're no longer one of them.

Scams are *carefully crafted* to trick even the most tech-savvy people. **Knowing how to spot them** — and **what to do** — puts **you firmly in control**.

Today, **you learned:**

- ✓ That **scams target human decency**, *not stupidity*
- ✓ How apply the **SORRY** method to **evaluate suspicious messages**
- ✓ How to **practice identifying scams** with real examples
- ✓ **What to do if something feels wrong** or you're still not sure

Wrap-Up & Reflection

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What is one **SORRY** question that makes the **most sense** to me?

What is **something** that **surprised me** from the **Scam-O-Rama** game?

When I think about **staying safe online**, how does that **make me feel**?

Great work today!

Here is a look ahead at **Module 4**, where we will learn about:

- ❖ Communicating via **email**
- ❖ **Sending** an **email**
- ❖ **Creating** *your own* **email**



See you on March
XX at XX:XX—
you've got this!