

Module 3: Staying Safe Online

In the **third module**, we explored how to stay safe while navigating online spaces like the internet.

We learned about: Common scams, how to recognize scams using the **SORRY Method**, and how to create a strong password.

Common Scams Online

Phishing Emails:

These are messages that are designed to **trick you** into sharing personal information. They typically contain **urgent language** or requests for **passwords**.

Prize/Lottery Scams:

These are messages claiming you've **won a prize you never entered**, especially if they ask for **payment** or **personal details**.

Tech Support Scams:

These are **pop-ups about viruses or security issues** that ask you to **call a number** or **download software**. Unsolicited calls from **"Microsoft"** or **your internet provider**, especially those requesting **remote access**.

Fake Shopping sites:

Watch out for **deals that seem too good to be true**, like a "New iPhone for \$50". **Lack of contact info**, **numerous complaints online**, and negative social media comments can be red flags.

How to Identify a Scam

Ask yourself the **SORRY Method**, and if it feels off, it probably is.

Watch for:

- Urgent tone within the message (i.e., Act now!)
- Spelling errors
- Asking for passwords or money
- Suspicious link or sender

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What to do if you think you've been scammed



Do NOT panic.



If you gave financial information, call your bank immediately. Call the phone number on your bank card. Change your passwords.



Report it to Canadian Anti-Fraud Centre:
1-888-495-8501



Tell someone you trust.

Helpful Resources

- **Get Cyber Safe:**
<https://www.getcybersafe.gc.ca/en>
Provided by Government of Canada
- **Scam Spotter:** <http://ScamSpotter.org>
- **Canadian Anti-Fraud Centre:**
1-888-495-8501



Module 3: Reflection Sheet

You explored how to navigate the internet safely and how to identify common scams using the SORRY Method.

Keep exploring the internet! If you ever come across something online that seems off, ask yourself the SORRY questions.

Take a Moment to Reflect

Think about today's session and jot down your thoughts below. There are no right or wrong answers, this is your space to reflect on what you learned and think about how it felt.

What's one thing you learned today that felt new or surprising?

What's one thing you learned today that you want to practice more or learn more about?